

9 March 2022



Under the Stewardship of Mary Aikenhead Ministries

Dear Year 8 Parents and Carers

Year 8 Camp

Arrival at school: Wednesday 30 March - 7:00am

Return to school: Friday 1 April - 4:00pm

Year 8 students will be participating in their second College Camp on Wednesday 30 March - Friday 1 April 2022. The Camp will be held at Santa Sabina College, Tallong Campus in the Southern Highlands [Click here for Interactive Map of Tallong](#) travelling to and from the venue by bus.

Year level camps and retreats are an integral part of the curriculum at St Vincent's College, and all students are expected to attend. These camps and retreats are designed to complement the education program and provide students with further opportunities to develop their learning and social skills. These opportunities aim to develop deeper learning, confidence, independence, responsibility, and a sense of community within the context of the Ignatian ethos and values of the College. Our outdoor camps develop the learning skills of problem solving, collaboration and resilience arrived at with persistence and support. **The camp fee is integral to the Learning Resource Fee and we are unable to make refunds for non-attendance.**

The program for the Year 8 Camp focuses on the great potential within your daughter. Students will be engaging in a variety of activities including: High and Low Ropes, Bike Skills, Tallong Challenge, and a Mini Expedition which will include camping out for 1 night on the grounds of the Tallong Campus. These activities will be facilitated by professional staff at Tallong Campus who are trained and accredited in outdoor education, accompanied by one of our own Year 8 teachers. These activities involve some element of risk and are assessed by the outdoor education professionals each time students engage in the activities. If an activity is deemed unsafe due to weather or other circumstances, students will participate in an alternate activity. Parents and carers can be assured that all camp venues and transport providers have COVID safe plans in place to ensure the health and wellbeing of students and staff.

Ms McCrudden (Head of Cater House) will be the staff member responsible for the co-ordination of this Year 8 Camp as well as the Site Coordinator during the camp, well supported by a team of Year 8 teachers from each of the six Houses. Students will be allocated into activity groups by Ms McCrudden in consultation with the Pastoral Team. We are predominantly working in mixed House groups in the activities as well as cabin groups which sleep approx. 14-16 students. Students will camp in tents one night; the teacher working with the group will work with the students on how this will be arranged as part of the camp process.

Students will need to pack carefully for the camp, as there will be activities both during the day and at night. An equipment list is attached.



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It is expected that students will respect and honour the usual College Expectations and Student Responsibilities as outlined in their Diary and the attached Student Agreement. **Under no circumstances is a student to have her phone with her during the camp and students are not to bring music devices or valuables to camp. If you feel she must bring her phone to access upon return to the school for traveling home Friday afternoon, she must hand her phone into Ms McCrudden on Wednesday morning. Please have phones switched off and labelled in a plastic zip lock bag. It would be preferable that no phones are brought.**

Students would be given the opportunity to ring home from Student Services Friday afternoon if it were necessary and if we need to notify parents of any late arrival on Friday, we shall do so via SMS and email. Staff and students have access to campus phones if required. **For emergencies you may speak with a member of staff via the Tallong Campus on (02) 4841 0439.**

Students will need to be at the College at 7:00am on **Wednesday 30 March for roll call in the College Hall.** If your daughter is sick on the day, **please call College Reception (9368 1611) by 6:30am** as well as emailing mccruddene@stvincents.nsw.edu.au. Students will return to the College at approximately **4:00pm Friday 1 April**; drop off location will be the bottom of McElhone Stairs on Cowper Wharf Road, Woolloomooloo where students can walk up to Victoria Street to walk to the train station or wait to be collected near the Victoria Street entrance.

Please complete and return the following by Wednesday 16 March:

- 1. The attached College & Tallong Acceptance and Acknowledgment Permission Forms**
- 2. Update your daughter's Emergency Contact details and complete all Medical details via your Edumate Parent Portal. [CLICK HERE FOR INSTRUCTIONS.](#)**

It is essential that you do this to ensure your daughter's safety and our ability to contact you in the event of an emergency.

We are confident that your daughter will have a wonderful experience on Camp, and we thank you for your support of us in the holistic education of your daughter. If you have any concerns about the camp, or the arrangements described herein, please do not hesitate to contact the College and speak to Ms McCrudden.

Yours sincerely

Mrs Elizabeth Brooks
Deputy Principal

Ms Edelle McCrudden
Year 8 Camp Coordinator / Head of Cater House
mccruddene@stvincents.nsw.edu.au

Permission Note – Year 8 Camp – Tallong – Wednesday 30 March – Friday 1 April 2022

Please return to Student Services by Wednesday 16 March 2022

Agreement (Participant) - This section is for the student to complete and sign.

I agree to the following expectations as a participant of this activity:

- *I understand* that at all times I must ensure the safety and comfort of myself, peers and staff.
- *I will* engage positively in all activities, in a spirit of collaboration and learning.
- My personal interactions with others will be respectful and appropriate.
- *I will* accept and follow the directions and advice of the staff/ supervisors at all times. This includes direction given regarding use of and/ or placement of electronic devices and communication.
- *I will not leave* this College activity at any time without direct permission of the staff.
- *I will not be involved* in consuming or providing alcohol, cigarettes, e-cigarettes or any illegal substances. I understand that if I breach this expectation, that my parents will be contacted and that I will be immediately sent home and that further disciplinary action will occur in accordance with College policy.
- *I accept* that my school reserves the right to search bags to ensure no banned substances are brought to this activity.
- *I understand* that, if necessary, a full report of my behaviour will be given to the College Principal.

Student Name: _____

Student Signature: _____

Date: _____

Acceptance/Acknowledgement of Risk - This section is for the parent/carer to complete and sign.

I give permission for my daughter _____ (first and last name) to attend the Year 8 Camp at Santa Sabina College Tallong Campus, Tallong from Wednesday 30 March - Friday 1 April 2022. I understand my daughter will travel by bus to and from the venue and will need to be at St Vincent's College at 7:00am on Wednesday 30 March 2021.

In the event of a medical emergency, I give consent for the College staff or staff at the sites we visit to administer first aid and seek medical attention as necessary. In such a scenario I authorise the staff to convey my child to the hospital by appropriate transport, which may be an ambulance. *The participant acknowledges that there is a risk of injury to the participant and/or a risk of an adverse effect to any current or past medical condition of the participant. **The participant acknowledges and agrees that the participant accepts that the participant engages in activities on the site at the risk of the participant.** The participant gives the College authority, where circumstances deem it necessary, to obtain medical and ambulance assistance for the participant in the case of the participant suffering injury or ill health while on the site.*

Parents/Carers contact information and Student Medical details are held by the College as received from parents/carers. I have responsibility for updating my contact information and my daughter's dietary requirements and medical details, (providing current medications) if applicable by updating student details via the Edumate Parent Portal – [CLICK HERE](#).

I give permission for staff to administer Panadol, Nurofen, Antihistamine.

Parent/Carer Name: _____

Parent /Carer Signature: _____

Date: _____

IMPORTANT NOTICE

I acknowledge that by participating in the program of activities as organised by Santa Sabina College – Tallong Outdoor Education & Retreat Centre, in addition to usual risks inherent, certain additional risk and dangers may be encountered which may include: remoteness to normal medical services; moderate physical exertion and/or emotional stress for which I may not be prepared; weather conditions subject to extreme and sudden change. I agree to observe and comply fully with the safety standards and procedures, as described by the Santa Sabina College – Tallong staff, or agents for each activity in which I will participate in. I agree that if I suffer injury or illness during the course of these activities, Santa Sabina College – Tallong or their agents can at my cost arrange medical treatment and emergency evacuation services as they deem essential for my safety. The information provided is a complete and accurate representation of all known physical and psychological factors that may affect participation in this program. I agree to inform Santa Sabina College – Tallong should there be any change in the status of my health prior to and during the program. I agree that this agreement shall be governed in all respects by and interpreted in accordance with the Laws of Australia

Name Parent/Guardian _____

Signature: _____

Date: / /

Santa Sabina College Tallong Campus

Gear List: Outdoor Education Program

What to Bring:

Gear	
	sleeping bag (Synthetic or Down) minimum 0 degrees, with compression sack,
	towel and pillow case
	raincoat VERY IMPORTANT waterproof, thigh length, with hood
	collared long-sleeved shirt
	collared short-sleeved shirt
	shorts
	lightweight pants
	underwear
	socks (woollen not cotton)
	pyjamas
	broad brim sun hat
	enclosed shoes, worn in
	enclosed shoes that can get wet
	any medications you require (in original packaging in Zip Lock Bag)
	toiletries: with relevant items eg toothbrush, paste, deodorant, soap, hairbrush, sanitary items
	sunscreen (roll-on)
	insect repellent (roll-on)
	torch and spare batteries
	water bottle - sturdy and leak proof
	pencil and small note book
	day pack (school-bag size)
In cooler weather	
	beanie (fleece or woollen)
	2 polar fleece or woollen jumpers
	warm tracksuit pants
	thermal leggings and top
When camping out	
	3 strong garden garbage bags (for waterproofing)
	sleeping mat
	reusable unbreakable mess kit – in a small bag
	o plate, bowl and mug
	o cutlery
	o 2 tea towels
Teachers & School Staff Only	
	teacher cabins have all linen provided
	for camp out, your tent has a thick sleeping mattress

What NOT to bring:

- extra food, ample is provided and students in your cabin may have life-threatening allergies
- digital devices
- valuables