



**Parents & Friends Association
Colour Run
Tuesday 13 September 2022**

24 August 2022

Dear Families

The Penrith Anglican College Parents and Friends' Association (P&F) will be hosting its second Colour Run fundraiser on Tuesday 13 September 2022. The event will commence shortly after 1pm with the primary students completing the course first, followed by senior students. Please see Event Information included below.

The P&F will use this event to help raise funds to go toward new Athletics and sporting equipment for students at the College.

To take part and support the Colour Run, we are asking \$20 per child for entry. Payment via Flexischools is preferred, and cash will also be accepted at College Reception.

Entry can be raised by sponsorship from friends or family with a minimum total donation of \$20 required to participate. Each family's support is greatly appreciated and will help towards cost of the Athletics equipment.

Parents and younger siblings are invited to join in the Colour Run once all college students have completed the course for a \$20 Family entry fee.

Students will be able to make a donation above the required \$20 if they have raised more money.

There will also be a sausage sizzle and drinks for pre-sale through Flexischools. Drinks will be poppers for Primary and poppers or cans for secondary students.

During the Colour Run students will run, walk or crawl through an obstacle course and pass through 'colour' checkpoints. The coloured powder is safe (cornflour based) and multi-day dress is required (with usual College dress code). Students are encouraged to **wear white** as this shows the colours more effectively. The colour washes out easily, however we recommend students do not wear good clothes or shoes. Please read the attached for further information.

Students will be issued with a pair of bright coloured sunglasses to protect their eyes and will be rewarded with a frozen ice block at the completion of the course.

To Serve Christ

📍 338-356 Wentworth Rd, Orchard Hills, NSW 2748 | PO Box 636 Kingswood NSW 2747
☎ 02 4736 8100 ✉ enquiries@penrith.nsw.edu.au www.penrith.nsw.edu.au

A member of the Anglican Schools Corporation ABN 63 544 529 806



We require a number of volunteers on the day to help direct students through the course, assist with colour stations, hand out ice blocks and similar tasks. If you are able to help, please comment on the P&F Facebook page under volunteers. Parents, family and friends are encouraged to attend on the day to cheer on students.

Parents of Primary students are permitted to collect their child at the completion of their event by approaching their class teacher and signing the roll. Secondary students will remain until the normal finishing time of 3:25pm. Written permission will be required for a child to go home with someone else.

In the event of inclement weather, please refer to the P&F Facebook page.

Kind regards,

A handwritten signature in black ink, appearing to read 'Sunny Hunt'.

Mrs Sunny Hunt
President
P&F Association

A handwritten signature in black ink, appearing to read 'Leighton Corr'.

Mr Leighton Corr
Deputy Principal
(Secondary)

A handwritten signature in black ink, appearing to read 'Ljubica Mansell'.

Mrs Ljubica Mansell
Deputy Principal
(Primary)

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Frequently Asked Questions

Is the powder colour safe?

Students' health is most important. The colour powder is made of 98% corn starch and 2% permitted colours. The manufacturer is an ISO 9001-2005 certified Crisil rated company producing the highest quality product. The powder is not considered hazardous.

What if it gets in a participant's eyes?

Powder will be thrown at the torso, however wind and other factors can cause the powder to travel. Don't be concerned if it does, the powder is non-toxic and can be removed by a quick rinse with water.

Students will be provided with sunglasses to greatly reduce the chance of colour powder getting into eyes. Sunglasses are UV400 rated, fully approved by the Australian Radiation Protection and Nuclear Safety Agency.

Can we inhale it?

It's a lot like breathing in dust and dirt – extensive exposure is not recommended. People with lung issues such as asthma are advised to be careful in their decision to participate. Students can participate and avoid the colour powder stations. Please provide information in the 'Notes' section of the 'Permission Box' on the Parent Portal.

Does the powder clean out of clothes?

Although colour powder washes out very easily, we advise you not to wear your best clothes or most expensive shoes. Leather and suede especially are known for easily absorbing colour powder. If you want to keep the colour in your t-shirt, spray with vinegar. However, the colour powder will wash out after several washes.

Will the powder wash off your hair and skin?

Yes! The easiest way to get it off is while it's still dry (shake, wiggle or jump up and down). Soap and water, with a little rinse will do the trick.

Mufti Dress Guidelines

Please be reminded of the College's usual mufti requirements which are outlined below. Please note dresses and skirts are not recommended for this event.

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Clothing Expectations for Primary School Students

The following expectations are in place:

- Please ensure midriffs and shoulders are covered at all times.
- Shoes must be enclosed and hats are to be worn at recess and lunch.
- Slippers and other pyjama related items are not suitable.
- Clothing with inappropriate messages printed on them are not suitable.
- Shorts must be longer than mid-thigh length.
- Girls dresses and skirts must be longer than mid-thigh length
- Please do not wear clothing that has rips above the knees.

Clothing Expectations for Secondary School Students

Students are required to wear clothing that is appropriate for attendance at the College and the activities that they will be doing during that day (eg. experiments in a Science Laboratory). Students with PE lessons **MUST** wear their PE uniform as they would usually be required to do and bring a change of shirt for the Colour Run.

The following expectations are in place:

- Please ensure midriffs and shoulders are covered at all times.
- Shoes must be enclosed.
- Slippers and other pyjama related items are not suitable.
- Clothing with inappropriate messages printed on them are not suitable.
- Shorts must be longer than mid-thigh length.
- Girls dresses and skirts must be longer than mid-thigh length.
- Normal uniform expectations apply in regards to make up (no make-up for students in Years 7-9).
- If tights are worn, please also wear a suitable mid-thigh length top.
- Please do not wear clothing that has rips above the knees.

Any students dressed inappropriately will be given alternative clothing provided by the College or be withdrawn from class for the day. These students will be unable to participate in the Colour Run.

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