

PREP WINTER TRAINING SCHEDULE 2021

Term 1 Weeks 8-10

MONDAY commences 15 March	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FUNDAMENTAL MOVEMENT SKILLS Prep School 7.00-8.00am		FUNDAMENTAL MOVEMENT SKILLS Prep School 7.00-8.00am	AFL Years 5 & 6 Ireland Field 7.00-8.10am	
SPORTS SKILLS Year 5 2.35-3.05pm	SPORTS SKILLS Year 4 2.35-3.05pm	SPORTS SKILLS Year 3 2.35-3.05pm	SPORTS SKILLS Year 6 2.35-3.05pm	
TENNIS WHITE Prep Courts 3.10-4.40pm	TENNIS BLACK Prep Courts 3.10-4.40pm	TENNIS GOLD Prep Courts 3.10-4.40pm	TENNIS BLUE Prep Courts 3.10-4.40pm	TENNIS SILVER Prep Courts 3.10-4.40pm
FOOTBALL Year 3 Yeldham Field 3.10-4.40pm	FOOTBALL Year 6 Yeeldham & Ireland Field 3.10-5.00pm	FOOTBALL Year 4 Yeldham Field 3.10-4.40pm	FOOTBALL Year 5 Yeldham & Ireland Field 3.10-4.40pm	FOOTBALL Goalkeepers Years 3-6 YELDHAM FIELD 3.10- 4.30pm
RUGBY Years 3 & 4 Ireland Field 3.10-4.40pm		RUGBY Years 5 3.10-4.40pm Year 6 3.10-5.00pm Ireland Field		
	FENCING Novice Group Prep Auditorium 3.10-4.40pm		FENCING Experienced Group Prep Auditorium 3.10-4.40pm	KARATE Years 3-6 Prep Auditorium 3.10-4.30pm
TRACK & FIELD Open to any boy in Years 3-6 Ireland Field 3.10-4.50pm			TRACK & FIELD Open to any boy in Years 3-6 Ireland Field 3.10-4.50pm	
GOLF Years 5 & 6 Pymble Golf Club 3.45-5.00pm	SWIMMING Green & Orange Group Knox Aquatic Centre 3.30-4.30pm	ORIENTEERING Years 5 & 6 Meet at Prep Fountain finish as per schedule	SWIMMING Red Group Knox Aquatic Centre 3.30-4.30pm	GOLF Years 5 & 6 Pymble Golf Club 3.45- 5.00pm

<i>Make-up tennis sessions to be placed on Tuesday with the Black tennis boys.</i>	<i>Make-up football sessions to be placed on Wednesday with the Year 4 football boys.</i>	<i>Make-up rugby sessions to be placed on Wednesday with the Year 5 and 6 rugby boys.</i>
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