



## HOUSE CROSS COUNTRY CARNIVAL

3 March 2021

Dear Parents and Carers

On Thursday 11 March 2021 your son will be representing his house in the House Cross Country Carnival. This year 8-10 Years boys will run a 2000m course whilst the 11-13 Years boys will run a 3000m course.

The pertinent details are as follows:

- Who: Years 3-6
- What: House Cross Country Carnival
- Where: Gillespie Fields
- When: Thursday 11 March 2021  
8-10 Year old – 9.00am to 11.30am  
11-13 Year old – 11.30am to 1.30pm
- Teachers: Years 3-6 Classroom Teachers and Specialists
- Transport: Walking
- Dress: Knox PE uniform to and from school
- Bring: In their sports bag – bucket hat, sunscreen, water bottle (filled), morning tea, small towel and wet weather gear.
- Water: It is important that your son is hydrated prior to the race so plenty of water the day before and a full bottle of water in their sports bag as there is no tap water available at Gillespie Fields.
- Weather: Boys are also to bring a change of Knox PE clothes and socks in a plastic bag in case it rains.
- Food: Y3/4 will have a late recess at Prep and lunch as normal  
Y5/6 will have a late lunch at Prep and recess as normal
- Spectators: Spectators will not be permitted to attend this event due to COVID protocol.

Age: **Boys will compete in the age they turn in 2021**

Program: Please see below

If you have any queries regarding the House Cross Country Carnival please do not hesitate to contact me – [hitchinerm@knox.nsw.edu.au](mailto:hitchinerm@knox.nsw.edu.au)

To give your son permission to attend this excursion please accept the generic permission for Permission for Students to Leave School Campus as mentioned in the Magpie this week no later than **Monday 8 March 2021**.

Yours sincerely



Mr Mark Hitchiner  
Prep Sports Coordinator K-6

# PREP HOUSE CROSS COUNTRY CARNIVAL PROGRAM

8.20AM	Y3/4 Teachers mark their roll and assemble outside Ewan House/ Amphitheatre
8.30AM	Y3/4 depart from Sutherland Gate
8.45AM	Enter via Chilton Parade (3 x Staff on Street & Crossing duty)
8.55AM	Announcements whilst students are in House Areas
9.00AM	Students walk course in 2 groups 8/9 Years and 10 Years  KSAA staff to walk course and conduct a warm-up
9.30AM	8/9 Years race
10.15AM	10 Years race
11.00AM	Announcement of Age Champions  Y5/6 students assemble outside Ewan House and roles marked
11.10AM	Y5/6 depart from Sutherland Gate
11.15AM	Y3/4 depart Gillespie Field via Bangalla Street
11.25AM	Y5/6 enter via Chilton Parade (3 x Staff on Street & Crossing duty)
11.30AM	Y3/4 arrive back at School  Announcements whilst students are in House Areas
11.35AM	Students walk course in 2 groups 11 Years and 12/13 Years  KSAA staff to walk course and conduct a warm-up
12.00PM	11 Years race
12.40PM	12/13 Years race
1.20PM	Announcement of Age Champions
1.30PM	Y5/6 depart Gillespie Field via Bangalla Street