



WHAT TO PACK

Below is a list of items the boys should bring to the camp. Please remember to label all of your son's items.

Essentials

- Shorts and t-shirts (no singlets, sleeveless or midriff tops)
- Jeans
- Jumpers and tracksuit pants
- Socks and underwear
- Raincoat
- Pyjamas
- Swimming costume and rashie shirt
- Beach Towel
- Sunscreen, sun hat and sunglasses
- Two pairs of running shoes (one old pair to wear in the water)
- Toiletries, soap, lip balm and insect repellent (no aerosols)
- Bath Towel
- Sleeping bag and a sheet **or** a doona and two sheets (a fitted sheet and a flat sheet)
- Bring your own pillow and pillow case
- Day backpack
- Plastic bags for dirty or wet clothes
- Handkerchief or tissues
- Water bottle

DO NOT BRING

Do not bring money, valuables, mobile phones, iPod, iPad/tablets, electronic games or sweets. No extra food of any description should be brought unless it has been discussed with staff prior to the programme and is cited on the medical form. Should these items be brought to camp, they will be confiscated and returned at the completion of the camp.