



PARENT SEMINAR RAISING BOYS IN A DIGITAL WORLD

AN EVENING WITH DR KRISTY GOODWIN

When: Wednesday 20 November 2019, 6pm-8pm
Where: Wenkart Theatre, Junior Academy and Performing Arts Centre, Senior School
Who: Knox Prep, Wahroonga Prep and Knox Senior School parents of students in Years 5-9

The Directorate of Wellbeing invites parents of students Years 5 to 9 to an evening seminar presented by author and researcher, Dr Kristy Goodwin. Dr Kristy Goodwin is one of Australia's leading digital wellbeing and productivity experts. She's the author of 'Raising Your Child in a Digital World'.

Dr Goodwin will present 'Raising Boys in a Digital World' which will arm parents with essential information about how gaming, social media and pornography are influencing boys' health and the impact of technology on boys' sleep, learning, attention spans and the science behind the techno-tantrums. Dr Goodwin will provide practical and effective strategies to ensure your son's online safety and healthy technology habits.

Please RSVP by 15 November at bit.ly/knox-digital-world. For more information, email Amanda Pooley pooleya@knox.nsw.edu.au.

