

## YEAR 11 TEAM LEADERS

The boys have been exemplary in their revision and approach to their examinations this week. Many have utilised the WSA, sought out their teachers or accessed the quiet spaces in the library to fine tune their preparation.

Their first ever three hour exam seemed daunting, especially as there was expected to be a lot of writing. These days writing for that long takes practice. One student commented that he wasn't worried about doing the exam, but about having to sit still for that long!

The Preliminary Examinations are an assessment of how the boys are progressing on their journey through school and in preparation for their HSC year. They should think of them like a Drama student would think of their rehearsals leading up to a drama production or a clarinet player preparing for a music exam. They won't have perfected their performance yet. Similarly, these exams are not the end game. There are mistakes that will be made and they will be important learning opportunities for the boys to reflect on and use to adjust their approach to either class time, revision techniques, study habits, examination technique or a plethora of other variables that can affect performance, so that they can achieve their personal best in just over 12 months time during their HSC examinations.

Of course, above all of this, is our desire for the boys to be life-long learners. Fine tuning research techniques, accepting and implementing feedback and communicating well are beneficial skills to obtain for all walks of life and it is important to keep this in perspective.

Sometimes heavy assessment periods can cause quite a lot of stress for some boys (and families). If you are concerned about your son's wellbeing, please contact your son's mentor so the wellbeing team can work proactively to help him develop strategies to manage stress or feelings of low mood.

With this in mind, next term's mentor program will be focussed on reducing stress in study and heavy assessment periods. The tools developed during these sessions will be very important leading into the HSC year, which of course begins in just five short weeks.

Have a lovely weekend.

BETH GODDARD



### USEFUL LINKS

[Sport fixtures](#)

[Make a payment](#)

[Knox website](#)

[Careers](#)

[Year 11 page on the portal](#)

[Year 11 Exam Timetable](#)

[Exam Code of Conduct](#)

## STUDENT ADMINISTRATION OFFICER

Congratulations to the Senior Chess Team - Aleksy Ginovic, Timothy Leong, Stanley Tang and Jackson Lee (Y12) who are the Met North Champions and will progress to play Baulkham Hills High on Friday 6 September in the semi-finals of the State Championship! A fantastic effort to get this high in the competition.

Coming up this term, The Woodwinds of KAPA have the following performances - AMEB Diploma Soiree in preparation for the upcoming AMUSA performance exams featuring Ryan Thom on Alto Saxophone, Andrew Peng on Clarinet and Sam Yang on Clarinet on Sunday 15 September from 2pm-4pm in the Choir Room.

Congratulations to Jayllen Naganayagan on being selected in the Hobart Hurricanes Strike League cricket squad as they prepare for the upcoming Big Bash Season.

Last Saturday at the third of five CAS/GPS Track & Field invitationals, Colin Ojah returned to run a season best 23.85s in the 17 years 200m while Daniel Lum also returned to the track after a prolonged illness to run a 24.16s. Well done boys!

Just a reminder the CAS Track & Field Championships are on Thursday 19 September. Parents must complete the permission note by Monday 16 September. For more information click [here](#) or you can access it in the Parent Lounge.

Have a great weekend.

[Robin Cherry](#) 02 9119 0884



### UPCOMING EVENTS

#### Wednesday 4 to Wednesday 18 September

- [Year 11 Yearly Exams](#)

#### Sunday 8 September

- Knox Highland Gathering  
9am - 5pm  
Knox 1 Oval, Senior School

#### Thursday 12 September

- [RUOK? Day](#)

#### Wednesday 18 September

- CAS Track and Field Championships  
SOPAC - Homebush

#### Friday 27 September

- Term 3 Concludes

#### Tuesday 15 October

- Term 4 Commences

See the full calendar in [Parent Lounge](#)

## FEES IN ADVANCE PROGRAM

For many years the School has offered a 'fees in advance' program to enable increased flexibility of such payments. The program is attractive for many reasons, enabling parents to make lump sum payments which attract discounts to the scheduled fees.

To qualify, up front full year payments must be made for a minimum of one year and the payments must be made by 31 October in the year before your payment program begins. Payments will only be accepted by direct funds transfer or cheque (credit card or Bpay payments are not permitted for this program).

Details of the Fees in Advance Program can be found on the Knox website here. Alternatively, you might like to discuss this in confidence with Betty Fowler from the School's Accounts Department on 9487 0442.




## CAREERS INSIGHT EVENING

SAVE THE DATE

**When:** Monday 28 October 2019, 6.30pm-8.20pm  
**Where:** Weeks Senior Academy Lecture Theatre and classrooms  
**Who:** Years 9, 10 and 11 students and their parents  
**Contact:** Linda Gomez, Careers Advisor, [gomezl@knox.nsw.edu.au](mailto:gomezl@knox.nsw.edu.au)

Join us for an evening, presented in partnership with the OKGA, to learn more about different careers, industries and professions and the many career and educational pathways.

This event will feature Old Boys presenting across 14 different career categories.

Prior to the event, students will be invited to select three career insight sessions they wish to attend during the course of the evening. Presenters from each career category will repeat their information session three times as per the following schedule - 6.30pm-7pm; 7.10pm-7.40pm; 7.50pm-8.20pm.

Please save the date for this evening of career insights. More information will be provided closer to the event date.




## SNOW SPORTS

Mac Omm, Archie Elliot and Will James with their Bronze Medal Div 1 Snow Board Cross at the Australian Snow Sports competition

## YEARLY EXAM

