



## CAS TRACK AND FIELD CHAMPIONSHIPS SYDNEY OLYMPIC PARK, HOMEBUSH THURSDAY 19 SEPTEMBER, 2019

### YEAR 8 – 12 STUDENT SPECTATOR INFO:

Our Knox Track & Field Team are calling for your support. For those who chose to go to the CAS Swimming, this is another great CAS event and our team needs you. All of our Year 7 cohort are attending, and we want you to come along as well and enjoy a great night of Athletics.

### PERMISSION

If you do wish to go, your parents **MUST** get onto the Parent Lounge and complete the permission note by no later than **Monday 16 September**.

### WHAT TO WEAR

Students wishing to travel to the CAS championships as supporters of our Knox Track and Field team are to wear winter uniform (without boaters) to School on the day.

All students **MUST** travel to and from the venue by bus. Students are to come to School for a normal day and all belongings **MUST BE LOCKED** in lockers prior to departure.

### TRANSPORT

All spectators **MUST** travel on the allocated buses. Buses will be numbered and boys are to ensure they travel both ways on the same number bus. All spectators will depart from the School at approximately 1:15pm. The final event is scheduled for 7:55pm. Buses will return to Knox, arriving back at School - approximately 9:30 pm. Alerts will be sent to the School App if there are extensive delays.

### WHAT TO BRING

- Bring lunch, snack foods and drink. (a canteen is also available at the venue but is expensive and very busy with long queues). A meal pack will also be provided for all students attending the event.

This is a great event for the whole school to enjoy. Whilst this is not compulsory for boys in Yr 8 – 12, our team would love your support.

**Martin Haywood**

**Head of the Knox Sports & Aquatic Academy**

