








PARENT EDUCATION - TERM 3, 2023

Date/Time/Location	Speaker/Host	Bio	Theme/Topic
<p>Twice weekly, Tuesdays and Thursdays 9am-10am</p> <p>Preschool 118 Sydney St Willoughby</p>	<p>Peggy Day</p> 	<p>Peggy Day is Glennaeon's Preschool Director and a member of the School Executive. She has been an Early Childhood teacher as well a class teacher and spent 12 years as coordinator and tutor in a full-time Steiner Teacher Education course at the school.</p>	<p>Conversations and Craft Come and have a cup of tea. Toddlers and babies welcome. We will prepare festival crafts and make simple toys while chatting. Parenting questions are considered.</p> <p>No booking required</p>
<p>20 Jul 03 Aug (LK Classroom) 17 Aug 31 Aug 14 Sep</p> <p>9am-10am</p> <p>Marion Mahony Griffin Hall Kitchen 121 Edinburgh Rd Castlecrag</p>	<p>Catherine Pilko</p> 	<p>Catherine Pilko is the Senior Teacher at the Castlecrag Campus. She began her journey at Glennaeon in 1999 as a Class teacher and has now been working in the kindergarten for over ten years. She is passionate about Early Childhood Education and supporting the needs of young children and their parents. Catherine has also had considerable experience teaching adults in Early Childhood Courses at Sydney Rudolf Steiner College.</p>	<p>Kitchen Conversations gives parents the opportunity to come together to share some herb tea from the garden and to engage in a variety of themed conversations and practical activities that support parenting and enrich family life. Some of the themes that will be incorporated into these sessions include creating healthy family rhythms, creating a season table at home, celebrating festivals in the home, supporting family mealtimes, the wisdom of domestic activity, storytelling, creative discipline, managing screen time, supporting play, and learning through imitation. Parents are encouraged to bring their questions and suggestions.</p> <p>No booking required</p>

<p>Monday 31 July 7pm-8pm</p> <p>Online event</p> <p>Register via: https://events.humanitix.com/glenaeon-rudolf-steiner-school-cyber-smart-and-safe-adult-31-july-2023</p>	<p>Interrelate session is hosted by Dani Finch</p> 	<p>Dani Finch is the Deputy Head of School (K-Class 6) at Glenaeon Rudolf Steiner School.</p> <p>Interrelate is a not-for-profit provider of relationship services that specialises in supporting parents and children. Their programs and services empower families to build and navigate strong, resilient and healthy relationships, from primary school through to adulthood. Their programs for children are designed to nurture and grow happy, healthy humans. Relationship services for adults provide individuals, couples and families of all backgrounds and at all life stages the skills to navigate through life's many challenges.</p>	<p>Interrelate: Cybersmart & Safe (Parent Edition)</p> <p>Developed for Parents and carers of primary-school-aged children, this is a 1-hour webinar style session focusing on:</p> <ul style="list-style-type: none"> • Internet usage and kids' attitudes to the digital world • Setting boundaries in relation to technology use • Apps, websites, online gaming and sexting • Cybersafety • Age-appropriate content and controls • Keeping young people safe online • Australian cybercrime laws
<p>This is a two-session event:</p> <p>Wednesday 30 August 7pm-9pm and Wednesday 6 September 7pm-9pm</p> <p>Year 7 Classroom Middle Cove Campus 5a Glenroy Ave Middle Cove</p> <p>Register via: https://www.trybooking.com/CKAUB</p> <p>Limited to 24 guests</p>	<p>Katherine Arconati</p>  <p>Elena Rowan</p> 	<p>Katherine trained as a Waldorf Class Teacher in San Francisco, California and later became a Middle School Mathematics specialist. In 2010, she joined Glenaeon and in 2021, was appointed to the position of Primary Faculty Coordinator. She is now a Year 7 Teacher having continued with her Class from Class 1 all the way through to High School and remains as Faculty Coordinator.</p> <p>Elena is currently a Year 7 Guardian, Teacher of Mathematics, English, HSIE and German. She has been a teacher at Glenaeon for eight years. Elena has Bachelor of Arts in Languages and Anthropology and a Masters of Teaching from the University of Sydney. She is passionate about bringing a meaningful education to middle school students.</p>	<p>“Have You Ever Wanted to Be a Steiner Student?”</p> <p>Come have a taste of our rich education with this two-part immersion into middle school geometry. You will enjoy hands-on activities and leave with a sense of wonder about the mathematical mysteries that surround us.</p>

<p>Father's Day Sunday 3 September 10am-12 noon</p> <p>Marion Mahony Griffin Hall Kitchen 121 Edinburgh Rd Castlecrag</p> <p>Limited to 25 guests</p> <p>Register via: https://www.trybooking.com/CKAUW</p>	<p>Sandra Frain</p> 	<p>Sandra Frain is a Biodynamic Gardening teacher at Glenaeon and a Nutrition/Biodynamics tutor at Rudolf Steiner College. Sandra obtained her Masters in Steiner Education and Certification of Biodynamic Agriculture in New York in 2000. Since then Sandra has been teaching Steiner Education and Biodynamics around Australia and internationally. Sandra's workshops are popular for their generosity of activity.</p>	<p>Father's Day sourdough bread workshop with Sandra Frain</p> <p>Sandra Frain will lead this Father's Day, hands-on, family-style workshop where you will learn:</p> <ul style="list-style-type: none"> • The principles of sourdough bread making • How to make your own bread • How to make your own starter culture • Tactile exploration and nutritional study of many grains • How to make butter and cream cheese <p>There will be a delicious morning tea of the bread, homemade butter and cream cheese as well as a take-home of your own bread creation and starter too.</p> <p>All materials are provided. Please note this event is limited to 25 workshop participants. Please do not turn up without a booking. If spaces are booked out, you can add your name to the waitlist.</p>
<p>Thursday 7 September 7:30pm-8.30pm</p> <p>Via ZOOM</p> <p>Register via: https://www.trybooking.com/CKAWB</p>	<p>Catherine Pilko</p> 	<p>Catherine Pilko is the Senior Teacher at the Castlecrag Campus. She began her journey at Glenaeon in 1999 as a Class teacher and has been working in the Kindergarten for over ten years. She is passionate about Early Childhood Education and supporting the needs of young children and their parents. Catherine has also had considerable experience teaching adults in Early Childhood Courses at Sydney Rudolf Steiner College. Catherine Pilko is on the committee of The Australian Association for Rudolf Steiner Early Childhood Education (SECA) and is the regional representative for Sydney.</p>	<p>Catching Up with Kitchen Conversations</p> <p>This will be a chance for parents unable to attend the fortnightly Kitchen conversation sessions, to catch up on some of the themes presented, to ask questions and to share ideas.</p>

Wednesday 13
September
7pm-8pm

Sylvia Brose Hall
Middle Cove Campus
5a Glenroy Ave
Middle Cove

Register via:
[https://www.trybookin
g.com/CKAWQ](https://www.trybooking.com/CKAWQ)

Diana Drummond



Diana Drummond is the Head of School
Dani Finch is Deputy Head of School (K-Class 6)
Yura Totsuka is Deputy Head of School (Years 7-12)

Dani Finch



Yura Totsuka



Wellbeing @ Glenaeon

The development of Glenaeon's Wellbeing Framework has been a central piece of work in 2023.

Come along to hear about our progress, view the draft framework and give us feedback through focused discussion.